

EOSSAA Wrestling Rules and Regulations I

Revised 2007

EOSSAA Wrestling Playing Regulations

(Boys and Girls)

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**EOSSAA Wrestling Playing Regulations (Boys and Girls)**

“The sole basis for the very existence of high school sport is the contribution it makes to the general educational experience of those students who participate.”

**Playing Regulations:****1. Date**

The EOSSAA Wrestling Championships shall be held approximately two weeks prior to the OFSAA wrestling championships. (EOSSAA wrestling is generally held in mid February.)

**2. Location:**

The location of the Championship shall be decided not later than the EOSSAA Annual General Meeting held in June of the school year prior to the Championship event. The convener shall select the location.

**3. Weight Classes:**

The weight classes shall be contested as per current OFSAA regulations.

**a) Boys**

Sixteen (16) weight classes will be contested:

38 Kilograms	51 Kilograms	64 Kilograms	83 Kilograms	
41 "	54 "	67.5 "	89 "	
44 "	57.5 "	72 "	95 "	
47.5 "	61 "	77 "		UNLIMITED

**(b) Girls**

Thirteen (13) weight classes will be contested:

41 Kilograms	54 Kilograms	64 Kilograms	77 Kilograms
44 "	57.5 "	67.5 "	83 "
47.5 "	61 "	72 "	UNLIMITED
51 "			

In order to compete in the **unlimited** class, a boy wrestler must weigh in at a **minimum** of 95 kilograms and a girl wrestler a **minimum** of 84 kilograms.

**4. EOSSAA Tournament Structure and Procedure:**

- A) Weigh-ins shall be conducted between 8:00am and 9:00am on the day of the tournament.
- B) Weigh ins shall be conducted by qualified OAWOA officials. If OAWOA officials are not available, 3 coaches from 3 different teams will conduct the weigh-in.
- C) All wrestlers must weigh-in, in a singlet.
  - D) Weight Loss: the CAWA age group rules regarding artificial Weight loss, for example the use of saunas, sauna suits, garbage Bags, laxatives, etc. as stipulated in the CAWA rule book, are in effect at the EOSSAA.A championships.
  - E) Athletes shall be checked for skin conditions that may bring risk to other competitors. (As per OFSAA)
  - F) The EOSSAA Championship shall be a single elimination tournament with a Consolation round which accommodates losers of bouts on the championship side of the draw.
  - G) Wrestlers who encounter one another for the second time during the tournament will wrestle (only on consolation side).
  - H) All competitors shall shake hands with one another at the beginning of each match. At the end of each match they shall again shake hands with each other, with the referee and with the opposing coach.
  - I) A wrestler shall not remove his/her singlet straps until he/she has returned to his/her corner, after the match is over.
  - J) There will be three two-minute rounds on both the championship side and consolation sides, and for finals to decide places one through six. A 30-second break will be allowed between rounds.
  - K) Wrestlers should have a minimum of 15 minutes between matches. The time a match is completed should be recorded on the bout sheet.
  - L) A round robin format shall be used for weight classes with 3 wrestlers.
  - M) Injury/Blood Time: If a bout is interrupted due to injury, the referee may stop the match for two minutes(three minutes for blood cleanup), with the discretion of the convenor or the head official to extend the time pending availability of medical personnel.

## 5. Seeding:

The following shall be the seeding criteria for the EOSSAA Championship event:

A) A defending EOSSAA champion - if there are two, the champion from the higher weight class from the previous year shall be seed # 1. However, if the two wrestlers have met during the current season, the winner of the match shall be seed #1.

B) EOSSA Championship finalist from the previous year. If two, the finalist from the higher weight class the previous year receives the higher seed. However, if the two wrestlers have met during the current season, the winner of the match shall be seeded ahead of the other.

C) EOSSAA Consolation winner from the previous year. If two, the finalist from the higher weight class the previous year receives the higher seed. However, if the two wrestlers have met during the current season, the winner of the match shall be seeded higher.

D) i) Canadian Junior Freestyle Champion  
1. Canadian Juvenile Freestyle champion  
2. Canadian Cadet Freestyle champion

E) To the greatest extent possible, wrestlers from the same school will be set into the draw so they shall not meet in the first round of the Championship Tournament. If two wrestlers are from the same school, they shall be placed on opposite sides of the draw, unless seeding dictates otherwise. All wrestlers shall be considered for seeding.

F) The seeding of a maximum of eight (8) wrestlers per weight class shall be conducted at the Coaches' meeting.

6. **Entry:** Entries and entrance fees will be set and received by the conveners at the tournament.

7. **Expenses:** A) An entry fee shall be charged which shall be sufficient to cover the operating costs of the tournament.

B) Each school attending the championship will be responsible for arranging and financing their own travel, meals and accommodation, if required.

c) The EOSSAA convener is to include a Financial Statement with the Convener's Report.

8. **Eligibility:**

To represent a school in any activity coordinated by EOSSAA, a student must:

- (i) Any wrestler participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the wrestling season (November - February) at a location where the majority of his/her high school practices are held under the supervision of a teacher-coach as certified by the school principal.
- (ii) be eligible for competition under the Constitution, By-Laws and Standing Rules (Playing Regulations) of the Association to which his/her school belongs;
- (iii) be certified as eligible by the Principal of the school;
- (iv) meet the following age requirement: the individual's birth certificate indicates that he/she has not reached his/her **19th** birthday by January 1st prior to the start of the school year in which the competition is held;
- (v) be in Grades 9-12;
- (vi) be eligible under the OFSAA Transfer Policy (By-Law 5, Section 4 (f));
- (vii) is eligible for no more than five (5) consecutive years from date of entry into Grade 9 (By-Law 5, Section 4(g));
- (viii) have signed the Rules of Behaviour signature form for the competition;
- (ix) have executed the Federation's "Release of Liability" form.

Coaches are to submit the EOSSAA Eligibility List at the EOSSAA coaches meeting.

9. Rules: The current OFSAA Wrestling Rule book shall govern all competition at the EOSSAA Championship.

- a) weigh-ins are different; -
- b) Team points will be awarded as indicated below.

10. Awards: As per EOSSAA guidelines:

- A) The team scoring the most points shall receive the team trophy.
- B) There will be a separate Boys' and Girls' team trophy.
- C) Individual weight class winners shall receive EOSSAA medals.
- D) Second and Third place finishers per weight class shall receive a medal.

E) The coaches award shall be given out to the Most Outstanding Male and Female Wrestler of the Tournament, as voted on by the coaches (one vote per school for male and one vote per school for female).

F) Points for the use of team scores shall be used as follows:  
1<sup>st</sup> place = 10 points, 2<sup>nd</sup> place = 7 points, 3<sup>rd</sup> place = 5 points,  
4<sup>th</sup> place = 3 points

G) Only 1 wrestlers per school per weight class will be allowed to score team points.

14. **Department:** All teams agree to follow their school code of conduct as well as the code of conduct for EOSSAA, and OFSAA. This applies to athletes, managers, coaches, and other such supervisors/officials.

All teams will provide the appropriate, required supervision for their team. Supervisors must be authorized in writing, by the Principal of the school that the athletes are representing. Registration materials shall only be given to the authorized supervisor(s).

15.

**OFSAA Entry:**

Two wrestlers in each weight class shall be eligible to advance to OFSAA. A wrestler who has signified his intention to attend OFSAA but finds that he is unable to attend OFSAA must contact the EOSSAA convener immediately so that the next highest finisher may be contacted to take his place.

Coaches are to bring sufficient funds to EOSSAA to cover the costs of the OFSAA Registration fee to the tournament. Cheques are made out to "OFSAA Wrestling Championships — 'Year'". A second cheque may be necessary to cover OFSAA participant fees.

The top two wrestlers from each category advance to OFSAA. In the event that the 2nd and 3rd place finishers have not met, the 3rd place finisher may challenge the 2nd place finisher. The 2nd place finisher must accept the challenge or default his right to advance to OFSAA championships. NOTE: Medal placement is not affected by the results of this challenge match, only the right to go to OFSAA is decided.